

FUN AND EDUCATIONAL WEEK
FROM MONDAY 13TH TO FRIDAY 17TH MAY

KINDERGARTEN CLASSES

« JE SUIS BIEN DANS MON ASSIETTE »

« FOOD, GLORIOUS FOOD »



Dear Parents,

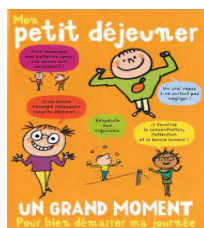
Continuing this year's theme of food and health in Kindergarten, we have organised a very special week for our pupils (from Monday 13th to Friday 17th May) with experiments, activities and day trips.

It is with pleasure that we would like to present this fun and delicious project to you for our pupils.

Monday: Let's start the week the right way!

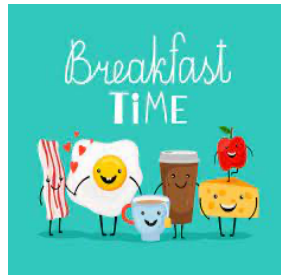
Why is breakfast such an important meal?

What is a balanced and healthy breakfast?



A dietician will come to school to lead workshops with the children. Using toy food, the children will learn how to put different food stuffs into different categories. They will also learn to put together a balanced and healthy breakfast to start the day in the right way.

Tuesday: Let's have breakfast together!



We have organised a group breakfast all together at school. Following on from Monday's workshops with toy food, our young pupils will now know how to make a real balanced and healthy breakfast that will be really yummy for everyone!

Storytelling show by Mathilde de la Peyre



Mathilde, a professional storyteller, will come to school to perform her storytelling shows on the theme of food.

Children in TPS/PS will watch a show for the youngest of audiences called: 5 seeds are ready to travel!

The bigger children in MS and GS, will discover several stories about food in a show called: Dinner time!

Thursday: A day trip to l'Enclos de La Croix, in Lansargues



Our pupils will spend the day “out of school”.

We will take a bus to Lansargues, and to l'Enclos de la Croix.

A variety of activities awaits us:

- herding sheep with a shepherd and his dog
- visiting a chicken coop and collecting eggs
- visiting a vegetable garden
- riding in a horse and cart
- discovering olive trees
- tasting organic apple juice, jam and honey

We will have a packed lunch at the farm and return back to school in the middle of the afternoon.

Friday: Nicolas, the beekeeper, will visit the school



Bees sting, don't they? Are they nasty? Oh no way!

Nicolas, the beekeeper, will explain to us about the important role of bees for nature and how they work together in the beehive. We will learn how to protect these very small insects.

We will look at and study a beehive (fake or toy one), a smoker and the special protective clothing a beekeeper wears.

We will also taste different types of honey.

And every day of the week ...

Everyone in the garden!



At school we have a lovely little vegetable garden.

This week will give us the opportunity to discover various aromatic plants and how to use them for cooking as well as discovering different types of lettuces and vegetables.

Let's plant, let's water, let's harvest and let's taste!

Let's bake!

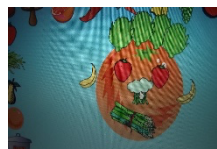


And if we did some baking?

How about a chocolate-courgette cake? Does that sound strange? Vegetables and chocolate? Let's explore and mix different culinary delights.

So take out your cooking utensils and ingredients, and let's start baking!

Hands-on artistic activities



And when we bake, we need a baker's hat. So let's make one together!

We will discover the famous artist, Arcimboldo, and his works of art.

And why not create our own portraits with fruits and vegetables?

Let's sing about healthy food!



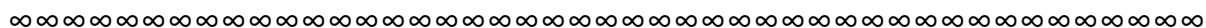
We can't have a special week without a song. During the whole week we will learn to sing a food song in French and in English.

Our giant fruit salad to share



Together we will prepare a fruit salad for our afternoon snack.

Let's wash, cut up and sweeten with sugar (just a little bit!) and then finally taste our delicious fruit salad.



We are available to answer any questions you may have and we can't wait to share this delicious week with our young pupils. 😊

There will be a participation of 50 euros per child, [payable online](#), before 2nd May 2024, for all the activities planned during our special food week.

--> ENROLLMENT <--